



O.E.H.S. 2020-21

CHEERLEADING EXPECTATIONS

Please Read and return signature page by Monday, May 4th 2020

- 9th-11th graders will be considered for the JV Cheerleading Squad(s)
- All grades will be considered for the Varsity Cheerleading Squad

Approximate Time Expectations/Season Overview:

- May: Tryouts/Initial Evaluations, & Acclimation: Program members will be expected to make corrections according to what was noted at tryouts and start conditioning/strengthening for the season. Fittings for fall camp-wear and uniform attire will be scheduled.
- Summer: Skill Building, Conditioning: Program members will be expected to improve upon the skills demonstrated at tryouts in an effort to be prepared for camps. Athletes are expected to attend all scheduled practices and OE camps (4x/week) unless prior approval is given in advance by Coach Scholle. Camp selection has been made and dates and times have already been reserved. All athletes are expected to attend camp. Skills camp will be in house June 13-14 (8a-4p) and July (7/10-19); exact dates TBD (8a-4p) for all teams. An additional camp to begin learning performance components will take place in August. Failure to attend the camp in its entirety will result in football season performance suspension & being an alternate off the floor during competition season.
- Fall: Competitive teams will be chosen/set after a tryout in late October. Choreography camp for competitive season will be split into two parts; an evaluation done at a private clinic at OEHS in August (8/18-26 specific dates TBD) and then full choreography in mid-November. All cheerleaders are expected to attend the evaluative choreography camp and competitive cheerleaders must attend full choreography. Failure to attend prescribed camps in their entirety will result in football performance suspension & being an alternate off the floor during competition season.
- School Year: 3-4 days of practices/week and games. Football games are every Friday night from August to early November. The cheerleaders will cheer at all home and away football games; assemblies; and participate in the Homecoming activities. Basketball games are mostly Tuesday and Friday evenings late November through February. The cheerleaders will cheer at all home conference games and the teams will split to share away game responsibilities. ALL GAMES AND PRACTICES ARE MANDATORY!!!

Financial Expectations (include but not limited to):

- Athletic fees (Fall - \$65 / Winter - \$300)
- Super CDA camps – \$300 (Skills & Choreo)
- Summer OE Camps - \$130 each session (Tumbling, ASP, & Cheer)
- Tumbling costs – approx. \$300
- Shoes - \$90 (Athletic/Comp. season)
- Practice attire – \$60 (to be worn at camps and practices)
- Warm-ups, other accessories (hoodies, bows, socks, bags) – \$500 (as needed)
- Uniforms/accessories - \$200-300

Expectations of a Cheerleader: *full details can be found in the OEHS Cheer Constitution*

- Dress appropriately and attend all practices, games, summer camp and clinics unless the absence is communicated by a parent & excused (see contract for what constitutes an “excused” absence) by the coach in advance.
- Be on time to all games and practices and have timely transportation home at the conclusion of practices and games.
- Work to your potential at all times & commit to consistent improvement of skills – as evidenced by skill check evaluations.
- Learn & master all the material (sidelines, expectations, choreography, etc).
- Conduct yourself in the classroom on the field/court, in public in a way that reflects positively on you, your school and your squad.
- Work as a member of your team & respect all authority figures, including the captain(s).
- Participate in fundraising activities (IRCA Competitions, OE ICCA Invitational, Mini-Cheer camp, Prairiefest Face Painting)
- Be responsible for cleaning, repairing, and/or replacing any part of the uniforms(s) if damages occur beyond “wear and tear.”
- Follow all IHSA and/or National Federation Cheerleading Safety Rules; the Oswego School District 308 Code of Conduct and OEHS Cheer Constitution.

Not meeting expectations could result in the following:

- Conditioning
- Being released from practice
- Suspension: Being benched from game, performances, competition
- Having a conference with the athletic director, principal, and/or parents
- Dismissal: Repeated violations of the cheerleader expectations may result in being removed from the program

CHEERLEADER APPLICANT FORM

Academics: *Fill out if you are an incoming freshman or new to the OE program*

In order to participate in cheerleading you must meet OEHS and IHSA academic requirements. Please list your **1st semester classes** and grades below:

Period/ Block	Class	Grade
1		
2		
3		
4		
5		
6		
7		
8		

Please list your **current classes** and grades below with the teacher's signature:

Period/ Block	Class	Grade	Teacher's Signature
1			
2			
3			
4			
5			
6			
7			
8			

Approximate number of days absent this school year (circle one):

1-5 6-10 10+ (please indicate reason): _____

Please remember to also sign the seal of the envelope or your review will NOT be accepted by the coaching staff!
Parent/Guardian Statement:

STATEMENT	PARENT INITIALS
I grant permission for my child to participate in the very active and strenuous schedule of a cheerleading clinic/tryout and the activity of 2 full seasons of cheerleading if chosen during tryouts. I also accept responsibility for any injuries or accidents that may occur.	
I have read and understand the financial obligations involved in cheerleading. I am willing to make the financial commitment that is needed for cheerleading. I am aware that fundraising/volunteering is offered to supplement my costs and if I/my child does not participate in these I will bear the full financial responsibility of the cost of this program. I also understand that should my child make the Varsity competitive squad, I am responsible for the purchase of a competitive uniform* and that this uniform supplements the school issued uniform given for football season. I understand that a payment plan has been set forth to break up the cost of the program and I am required to submit my payments on time and failure to do will result in loss of participation/performance opportunities & the inability to be considered for competitive season*. *Should they make the competitive squad *Any athletes with outstanding fees from the previous season will not be permitted to cheer at games/competitions as per school board policy 4-1440.	
I have read the tryout information, expectations sheet, District code of conduct, and Cheer Constitution. I clearly understand the duties required of a cheerleader. I understand that attendance at all practices and games is required. I understand the importance of conditioning and skills maintenance & development/improvement. I agree that my child will participate in scheduled conditioning sessions unless extreme circumstances prevent he/she from doing so. I understand that if my child is removed from or leaves the program at any point before the end of Winter season, he/she will not receive an athletic letter for the season.	
I understand that score sheets are the property of Oswego East High School and are not made public. I understand that the coach(es) will not be judging at tryouts but have the final discretion on the squads that are chosen.	

Applicant Statement:

STATEMENT	APPLICANT INITIALS
I am prepared to fulfill all obligations as a cheerleader at OEHS, should I make the squad. I also understand that if I do not participate/am not chosen to be on the competitive team for the 2020-21 season, quit, or am dismissed from the program early; I will not receive my athletic letter/regalia for the season.	
I understand cheerleading involves time and responsibility. I am willing to give up 10 hours a week beginning in May/June and a minimum of 15 hours a week starting a week before camp and continuing through the end of basketball season and the state cheerleading championships in February. I pledge to maintain the integrity of this program, abide by practice/conditioning requirements, and balance cheerleading with my school, homework, job, social life, and other commitments.	
I have read the tryout information, expectations sheet, District code of conduct, and Cheer Constitution. I clearly understand the duties required of a cheerleader and am prepared to commit to continued progression of skills. I understand that attendance at all practices and games is required. I understand the importance of conditioning and skill improvement, and I agree I will participate in scheduled practices/conditioning/camps with the exception of injury which requires a note and approval from the coaching staff.	
I understand that score sheets are the property of Oswego East High School and are not made public. I understand that the coach(es) will not be judging at tryouts but have the final discretion on the squads that are chosen.	
I understand that all the information I have provided in this application is true and correct; if provided information is untrue, I understand that may be grounds for my removal from tryouts or the program.	

Cheerleader/Parent Promise:

I/We understand the commitment that goes along with being a cheerleader. I/We have read the cheerleader expectations. I/We understand and promise to abide by all the rules set forth and understand that the coach and/or athletic director may choose to remove any cheerleader from the program if any of the above rules and expectations are not met. If I/we am/are unable to work to support and contribute towards the greater good of creating a strong, positive attitude in the building of the team program, the coach and/or athletic director reserves the right to remove any member of the squad at their sole discretion.

THUS, I HEREBY GIVE PERMISSION FOR MY CHILD TO TRY-OUT FOR CHEERLEADING.

Parent/Guardian Signature _____

Date _____

Parent/Guardian Name (Printed) _____

Cheerleader Applicant Signature _____

Date _____

Cheerleader Applicant Name (Printed) _____