Minimum skillset for Varsity consideratio		Anticipated Varsity team skillset for '20-21 season	
	Tumbli	ng Skills	
Level 2	Level 3	Level 4	Level 5
Level 2	Levers	Level 4	4 jump-tuck or 2
FHS	BHS series	(3)Combo jump-T	x jump-T 2 jump tuck
Aerial	Punch front	BHS-LO/full	Full
BHS	Front Ariel	Whip through-T	jump-full
Jump - BHS	Tuck	Jump-BHS-LO	3-full
	Jumps - BHS	BHSx-LO	Jumps-BHS-LO
	Jump - Tuck	BHSx-Full	Jumps-BHS-Full
	BHS - tuck		Whip-LO
			Whip-Full
Running	Running	Running	Running
BHS series	RO - tuck	RO-LO	(Cartwheel) RO-Fu
F.walkover-BHS	RO-BHS-tuck	RO-BHS-LO	Full-full
series	pike	Whip-tuck	Arabian-full
	F.walkover-tuck/	Whip-LO (tuck)	Whip, whip, LO
	pike	Full	CYO:
		Whip-Full*	CYO:
	Stuntin	ng Skills	
Level 2	Level 3	Levle 4	Level 5
Straight Stretch full down	Switch-stretch	inversion from chest level to one leg	1.5 up - stretch
2-1 Lib		1/2 & 3/4 switch-	
(prep/smush)	1/4 switch	stretch	Double up
Straight Ride	Full up	1.5 up*	High-high Full around
High pop cradle	Low-high (lib)	Full up-stretch	H/H tic w/.25 rotation
Baja	Low-high full around	Low-high (stretch-	handspring or cartwheel inversior to stretch 360 switch up
Full around (1/2)	around	stretch) w/rotation	Soo switch up
Switch up	One man	around - stretch	One man - extende
1/2 up	360 showNgo	Kick full down	Handstand inversion to extended
Straight cradle	Full down any stretch	Arabesque 1.5 down	ground up full up
Pop off	Baja full	Side (cartwheel) cradle	Hitch kick full down
4 skill transition	Waterfall	Superman-twist	Split cradles (full)
2 skill basket toss	Superman	6 skill transition	7 skill transition
full basket toss	Split pop-off	Hitch-kick full basket	Kick-kick full baske
	5 skill transition	front & back flip*	rewind to top*
	kick full basket	flip to top* (from smush)	arabian flip/cartwhe flip*
	high-high tic*	CYO:	CYO:
		CYO:	CYO:
		CYO:	CYO:

* Indicate braced skills to be performed in pyramids; CYO= create your own suitible for level

Toe Toe Toe R&L Hurdler R&L Hurdler R&L Hurdler Pike Pike Pike Double 9 Double 9 Double 9 ATW ATW ATW Combos: Combos: Combos: Double Toe Double Toe 3-Toe Pike Hurdler Pike Hurdler Pike 2ble 9 Toe-R Hurdler R-Toe-L Hurdler R-Toe-L Hurdler 2T-BHS 3T-Tuck 2T HS-LO Datevel 2 Level 3 Level 4 Intermediate tech Moderate tech Advanced Tech Synch w/others watches to synch Leads synch with others Mid level changes can perf. 1/2 beats can perf. 1/2 beats Mod. footwork Can make mult. level fanges Fast pace, high energy Advanced footwork Maintains energy Advanced footwork		Jumping	g Skills	
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Pike Pike Pike Double 9 Double 9 Double 9 ATW ATW ATW Combos: Combos: Combos: Double Toe 3-Toe Double Toe Double Toe Pike Hurdler Pike Hurdler Pike Hurdler Pike Hurdler Pike Hurdler R-Toe-L Hurdler R-Toe-L Hurdler R-Toe-L Hurdler Pike Hurdler R-Toe-L Hurdler R-Toe-L Hurdler R-Toe-L Hurdler Intermediate tech Moderate tech Advanced Tech Precise placement placement, controlled motions Synch w/others watches to synch Leads synch with others Mid level changes can perf. 1/2 beats can perf. 1/2 beats Mod. footwork Can make mult, level changes Fast pace, high energy Maintains energy Advanced footwork		Тое	Toe	Toe
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Level 2 Level 3 Level 4 Intermediate tech Moderate tech Advanced Tech Precise placement placement, controlled motions Synch w/others watches to synch Leads synch with others Mid level changes can perf. 1/2 beats can perf. 1/2 beats Mod. footwork Can make mult. level changes Fast pace, high energy Maintains energy Advanced footwork				CYO:
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Mod. footwork makes formation changes can perf. motions with level changes Can make mult. level changes Fast pace, high energy Maintains energy Advanced footwork Intermediate Fast pace	w/others			Leads synch with others
Mod. footwork changes with level changes Can make mult. Fast pace, high level changes energy Maintains energy Advanced footwork Intermediate	vel changes	can perf. 1/2 beats	can perf. 1/2 beats	can perf. 1/2 & 1/4 beats
level changes energy Maintains energy Advanced footwork Intermediate	ootwork			can perf. motions with mult. level changes
Intermediate				Fast pace, high energy
		Maintains energy	Advanced footwork	Advanced footwork
footwork		Intermediate footwork		100% facials, 100% of the time
General		Gene	eral	